

RIPROAR

LAKE CUNNINGHAM, OMAHA
 JUNE 8, 2024 | 5:00 P.M.



PRESENTED BY
Mutual of Omaha

SENIORS
 2 LAPS SWIM
 3 LAPS BIKE
 2 LAP RUN

INTERMEDIATES
 1 LAP SWIM
 2 LAPS BIKE
 1 LAP RUN

JUNIORS
 1 LAP SWIM ABR*
 1 LAPS BIKE
 1 LAP RUN ABR*



RACE DAY PARKING
 On-site parking \$15
 Shuttle parking \$5

COURSE KEY

- BIKE COURSE
- SWIM COURSE
- RUN COURSE
- *SWIM COURSE ABR.
- *RUN COURSE ABR.